

Chinese diagnostics

To understand connections of illnesses and consider the humans individually. In the interaction of these factors emerges the illness of individuals. That's why a therapist does not only ask about the details of the acute complains but also creates a complete anamnesis of the past illnesses, diseases of the family, and general well-being. If necessary he will also examine the body. The aim is to get a complete picture which shows the actual complaints in their overall context. This detailed examination is topped off with the



observation of the complexion, face and bodily features. The pulse and tongue diagnosis has a special importance: the tongue is considered according to the form, colour and consistency of the fur. The pulse is taken on the radial arteries on both wrists and considered in three different positions. These are related to the 12 meridians and their organs. Frequency, strength and form of expression give information about the inner state. There are 28 different pulse qualities which give specific cues about the health condition of a patient. Pulse and tongue diagnosis complement each other. Additionally, the patient interview will help to make an exact picture of the illness and the organism, and show the way of the treatment.